

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
6:30-7:30am	MIXED	6:30-7:30am	MIXED	6:30-7:30am	MIXED	6:30-7:30am	MIXED	6:30-7:30am	MIXED
7:30-8:30am	DANCE	7:30-8:30am	DANCE	7:30-8:30am	DANCE	7:30-8:30am	DANCE	7:30-8:30am	DANCE
ice cut		*ice cut*		*ice cut*		*ice cut*		*ice cut*	
8:45-9:45am	HIGH ICE	8:45-9:45am	HIGH ICE	8:45-9:45am	HIGH ICE	8:45-9:45am	HIGH ICE	8:45-9:45am	HIGH ICE
9:45-10:45am	FREESTYLE	9:45-10:45am	FREESTYLE	9:45-10:45am	FREESTYLE	9:45-10:45am	FREESTYLE	9:45-10:45am	FREESTYLE
ice cut		*ice cut*		*ice cut*		*ice cut*		*ice cut*	
11:00-12:00pm	ADULTS	11:00-12:00pm	ADULTS	11:00-12:00pm	ADULTS	11:00-12:00pm	ADULTS	11:00-12:00pm	ADULTS
12:00-1:00pm	MIXED (no high teams)	12:00-1:00pm	MIXED (no high teams)	12:00-1:00pm	MIXED (no high teams)	12:00-1:00pm	MIXED (no high teams)	12:00-1:00pm	MIXED (no high teams)
ice cut		*ice cut*		*ice cut*		*ice cut*		*ice cut*	
1:15-2:15pm	HIGH ICE	1:15-2:15pm	HIGH ICE	1:15-2:15pm	HIGH ICE	1:15-2:15pm	HIGH ICE	1:15-2:15pm	HIGH ICE
2:15-3:45pm	Sk8 Camp/ Clinics \$	2:15-3:45pm	Sk8 Camp/ Clinics \$	2:15-3:45pm	Sk8 Camp/ Clinics \$	2:15-3:45pm	Sk8 Camp/ Clinics \$	2:15-3:45pm	MIXED
3:35-3:45	POWER STROKING	3:35-3:45	POWER STROKING	3:35-3:45	POWER STROKING	3:35-3:45	POWER STROKING		
ice cut		*ice cut*		*ice cut*		*ice cut*		*ice cut*	
4:00-5:00pm	MIXED	4:00-5:00pm	MIXED	4:00-5:00pm	MIXED	4:00-5:00pm	MIXED	4:00-5:00pm	MIXED
5:00-6:00pm	GENERAL	5:00-6:00pm	GENERAL	5:00-6:00pm	GENERAL	5:00-6:00pm	GENERAL	5:00-6:00pm	GENERAL
ice cut		*ice cut*		*ice cut*		*ice cut*		CLUB CLOSED	
6:15-7:15pm	MIXED	6:15-7:15pm	MIXED	6:15-7:15pm	LEARN TO SKATE	6:15-7:15pm	MIXED		
7:15-8:15pm	MIXED	7:15-8:15pm	MIXED			7:15-8:15pm	MIXED		
ice cut		*ice cut*		7:15-8:15PM	MIXED	*ice cut*			
8:30-9:30pm	GENERAL	8:30-10:00pm	ADULT SYNCHRO	*ice cut*		8:30-9:30pm	GENERAL		
				8:30-9:30pm	GENERAL				
				9:30-10:30pm	GENERAL	9:30-10:30pm	GENERAL		
OFF-ICE 11-11:45am	UNDER 18 CONDITIONING		UNDER 18 Yoga		UNDER 18 STRETCH		UNDER 18 MOVEMENT		UNDER 18 CONDITIONING
OFF-ICE 12:15-1:00pm			ADULT Yoga		ADULT Intergrated SK8r		ADULT MOVEMENT		

SESSION DESCRIPTIONS/KEY:

GENERAL: All levels of skating

ADULTS ONLY: 18 years of age, NO high teams

FREESTYLE: Freestyle and MIF ONLY (all levels)

MIXED: singles and dance; NO basic skills 5 or below; NO hockey

HIGH ICE: PASSED Novice MIF, Juvenile FS, Adult Gold FS or Dance

DANCE: Teams and Solo Dance pre-silver and above

HIGH TEAMS: teams above juvenile: coach student above Silver Dances

LTS classes- group classes; register online at www.pschs.org.

* Ice cut

Schedule subject to change without notice. Please be advised that ice schedule may be interrupted without prior notice due to weather conditions and/or mechanical issues.